

Assalaamu Alaikum Wa Rahmatullahi Wa Barakatuh

Dear Future Hajjaj,

As promised, here is the Hajj & Umrah Essentials List. Buy these for yourself, a loved one, or a friend who may be going to Hajj/Umrah this year as gifts. Bring ease to them and earn rewards for making their journey easy, Insha'Allah.

**Hajj & Umrah Essential Items that have been tried and tested! Please make sure to do your own due diligence, especially with the items that potentially can affect Ihraam compliance during Umrah and Hajj!**

The items are categorized as follows for your ease.

<u>Travel Essentials:</u> .....	2
<u>Self-Care Essentials:</u> .....	3
<u>Prep for Umrah &amp; Hajj:</u> .....	4
<u>Ihraam Essentials:</u> .....	4
<u>Women's Essentials:</u> .....	5
<u>Men's Essentials:</u> .....	5
<u>Umrah &amp; Hajj (8th-13th Dhul Hijjah) Essentials:</u> .....	6
<u>Recommended Reading Resources:</u> .....	7

# Travel Essentials:

## **Travel Adapter.**

<https://amzn.to/3LFbA1k>

## **Power Bank.**

4 options.

<https://amzn.to/46IJcZQ>

<https://amzn.to/3RxczEv>

<https://amzn.to/468oj4C>

<https://amzn.to/46cSesl>

## **Travel Power Strip.**

There are limited outlets in Rooms / Tents / Buildings / Aziziyah (Away from haram). Taking this will help everyone in your room.

<https://amzn.to/3RBLVtV>

<https://amzn.to/3RDt4Pu>

## **Portable Luggage Scale.**

<https://amzn.to/3RCTfFY>

## **Luggage Strap Connector.**

This comes in handy if you have a carry-on and 2 luggages.

<https://amzn.to/3tgF3bh>

## **Luggage Tags.**

<https://amzn.to/49W7R8G>

## **Space Saver Bags for Traveling.**

<https://amzn.to/45amJhg>

## **Retractable Portable Clothesline.**

<https://amzn.to/3UwO8rT>

## **Travel Laundry Bag with Handles and Drawstring.**

<https://amzn.to/3QgeATY>

## **Silicone Bottle Covers.**

Elastic Sleeves to prevent leaking of your liquids into your luggage.

<https://amzn.to/3U5I3Be>

## **Ziploc Bags.**

<https://amzn.to/4b6wpxq>

## **Travel Iron.**

This can come in handy if you are staying in a Building/Aziziyah (Away from Haram) and don't have a hotel.

<https://amzn.to/3PQQ3VR>

<https://amzn.to/45nSELD>

## **Travel Bidet.**

4 options. These come in handy when least expected!!

<https://amzn.to/3Pv6GFb>

<https://amzn.to/3PwDVYz>

<https://amzn.to/46vw0BX>

<https://amzn.to/46lJAaK>

## **Carabiner Clips.**

Great for hanging things off luggage, hand carry, or backpacks.

<https://amzn.to/3PUckZI>

## **Insulin cooler case.**

Great for diabetics.

<https://amzn.to/4bv0ypM>

<https://amzn.to/3TJrYkz>

<https://amzn.to/3PGzThe>

## **Pills Organizer.**

<https://amzn.to/3Ly1ys>

## **Ear Plugs.**

<https://amzn.to/3xZUxTA>

**Sunglasses.**

<https://amzn.to/3UIDRJi>

**Neck Pillow.**

<https://amzn.to/3UqFE45>  
<https://amzn.to/4aZVZnE>  
<https://amzn.to/4bip39C>  
<https://amzn.to/4bmkLhm>  
<https://amzn.to/3JKs6M3>

**Travel Backpack.**

<https://amzn.to/44q5o5m>

**Unlocked Smart Phone.**

<https://amzn.to/3wFPLKx>

**Travel Praying Mat.**

<https://amzn.to/4aRVXy1>

**Permanent Marker.**

<https://amzn.to/3wguxTx>

**Masking, Packing, Duct Tape.**

<https://amzn.to/3Qs8zDG>

## **Self-Care Essentials:**

**Compression Socks.**

For calf pain. These get sold out at pharmacies the fastest! Many Hujjaj suffer a lot of foot pain due to excessive walking. **Men CANNOT use it during Ihraam, Women CAN use it during Ihraam and throughout the entire journey.**

<https://amzn.to/46tbCRG>

**Ankle Brace.**

If you suffer from flat feet, highly recommend this brace as these also sell out fast and are very expensive in Saudi Arabia. This can also help with any ankle pain. **Men CANNOT use it during Ihraam, Women CAN use it during Ihraam and throughout the entire journey.**

<https://amzn.to/46qlzPR>

<https://amzn.to/3PTLKcg>

**Ankle Cushion Socks.**

These are amazing when you are praying on hard tiles. **Men CANNOT use it during Ihraam, Women CAN use it during Ihraam and throughout the entire journey.**

<https://amzn.to/468oRaG>

**Blister Band Aid.**  
<https://amzn.to/4593oNu>

**First-Aid Kit.**  
<https://amzn.to/4drDA4S>  
<https://amzn.to/4596rFE>

**Hand Sanitizer.**  
<https://amzn.to/4aWQV3m>

**Vitamin C Packs.**  
<https://amzn.to/4a2RwPF>

**Electrolyte Tablets.**  
<https://amzn.to/3Qp3kos>

**Electrolyte Powder.**  
<https://amzn.to/4aWRNoE>

**Lightly Salted Nuts.**  
<https://amzn.to/3WhEl4R>

**Energy Bars.**  
<https://amzn.to/49U6EyQ>

---

## **Prep for Umrah & Hajj:**

**Hair Trimmer.**  
<https://amzn.to/4a02Rjz>

**Nail Clippers.**  
<https://amzn.to/3w6Lpfs>

---

## **Ihraam Essentials:**

**Flip Flops.**  
Unisex. Best tried and tested for durability.  
Great to use while making wudu as they will not stink up.  
<https://amzn.to/3LCGIUD>  
<https://amzn.to/3TRq826>

**Vaseline Body Sticks.**  
No mess on your hands!  
<https://amzn.to/3RFbuKL>

**Unscented Deodorant.**  
<https://amzn.to/3wjHkV6>

**Unscented Soap.**  
<https://amzn.to/452CB7m>  
<https://amzn.to/3QURN0r>  
<https://amzn.to/4e3FuJc>

**Tawaf & Sa'ee Counter.**  
<https://amzn.to/4bQo2WG>

# Women's Essentials:

## **Women's Anti-Chafing Stick.**

<https://amzn.to/3Zvme0j>

<https://amzn.to/3PUh9vm>

## **Women's Crossbody Travel Bag.**

Easy access to belongings

<https://amzn.to/3PzLwWf>

## **Women's Flip Flops.**

<https://amzn.to/4a0fCvf>

<https://amzn.to/4aubBz3>

## **Premium Jersey Hijab.**

<https://amzn.to/3UvW3pa>

## **Breathable Hijab.**

<https://amzn.to/3xSak6M>

## **Women's Solid Abaya One-Piece Full Length.**

<https://amzn.to/3vXrJdT>

<https://amzn.to/3JIJdxU>

## **Women's Leggings.**

Two options. Highly recommend all ladies to wear leggings as public bathrooms are not very hygienic.

<https://amzn.to/3PAJIMM>

<https://amzn.to/3t9pr9A>

## **Grip Socks.**

When you are barefoot in the Masjids these are great as sometimes the tiles are slippery.

**Men CANNOT use it during Ihraam, Women CAN use it during Ihraam and throughout the entire journey.**

<https://amzn.to/3EQiQnc>

## **Sun Visor.**

<https://amzn.to/48yDOEz>

## **Scissors for Hair.**

<https://amzn.to/3LDfQhU>

# Men's Essentials:

## **Men's Anti-Chafing stick.**

<https://amzn.to/3Pw8WMh>

<https://amzn.to/3ETwlwT>

## **Ihraam for Men.**

<https://amzn.to/3UcuPmf>

<https://amzn.to/4dfoDm3>

<https://amzn.to/4b68JbV>

## **Ihraam Belt.**

3 options. Without pouch.

<https://amzn.to/3RDtbdS>

<https://amzn.to/469BVge>

<https://amzn.to/46IMUTX>

## **Men's Flip Flops.**

<https://amzn.to/4cysDO9>

<https://amzn.to/3IVQoT0>

**Men's fanny pack/belt.**

This is very durable and also can act as a belt to hold up men's Ihraam.

<https://amzn.to/3ESIkRN>

**Men's Kufi - Skull Cap.**

**Men CANNOT use it during Ihraam.**

<https://amzn.to/3WkRcIK>

## **Umrah & Hajj (8th-13th Dhul Hijjah) Essentials:**

These items can be used during Umrah or for Hajj (8th-13th Dhul Hijjah).

**Duffle Bag.**

Good for Mina/Arafah/Muzdalifah days.

<https://amzn.to/3RFcgYb>

**Drawstring shoe bags.**

These offer water bottle pockets which are great! Also, it has other pockets for your dua books so that everything is not in one area with your shoes/flip flops. Great for Inside the Masjids and during Hajj!

<https://amzn.to/464NvsF>

<https://amzn.to/463xKCo>

**Umbrella.**

<https://amzn.to/4dIYmmj>

<https://amzn.to/3UFQgxy>

**Umbrella with Fan and Mister.**

<https://amzn.to/3ya5HFc>

**Neck Fan.**

<https://amzn.to/46oydir>

<https://amzn.to/4ajblx3>

**Cooling Towel.**

<https://amzn.to/3LEeWRU>

<https://amzn.to/44q3oKo>

**Water bottle with Mister.**

<https://amzn.to/48xwB7G>

**Collapsible Water Bottle.**

<https://amzn.to/44qIPgP>

**Water Bottle with Straw.**

<https://amzn.to/3UGjg88>

**Stainless steel water bottle with handle.**

<https://amzn.to/3LCLIZc>

**Portable & Lightweight Walking Stick, Cane with Seat, Foldable Chair, and Hiking Stick.**

<https://amzn.to/44g6UXR>

<https://amzn.to/3Uc3oJ9>

**Sleeping mat for Muzdalifah.**

<https://amzn.to/46p7lyS>

<https://amzn.to/4bKGQ9K>

<https://amzn.to/4bqzgBa>

<https://amzn.to/4amOeqN>

**Disposable Sheet for Muzdalifah.**

<https://amzn.to/3ERxcDK>

**Notebook.**

<https://amzn.to/4bhaUt6>

**Pens.**

<https://amzn.to/3UlqdWr>

**Unscented Soap Sheets.**

Better than liquid that can leak into your bags.

<https://amzn.to/3RFcCht>

**All-Purpose Hooks.**

People have used these in the bathrooms when they need to hang clothes while in the tents. Can be used to hang other belongings as well in your Rooms / Tents / Building / Aziziyah (Away from Haram) .

<https://amzn.to/3ZzBI8W>

**Unscented Body Wipes.**

Bigger in size than average wipes.

<https://amzn.to/3ZNgyyZ>

---

## **Recommended Reading Resources:**

**Book - Companion of Hajj: Your Step by Step Guide to Perform Hajj Correctly.**

<https://amzn.to/3Wej6pP>

**Book - Fazail E Hajj : Virtues of Hajj: Translation of the Urdu Book Fazail E Hajj.**

<https://amzn.to/4aPjXBZ>

**Book - Hajj and Umrah Guide - Hajj and Umrah Made Easy.**

<https://amzn.to/3WbcAQL>

**Book - Fortress of a Muslim.**

<https://amzn.to/3WqjJNb>

**Book - Perfecting the Journey: Spiritual and Legal Dimensions of Hajj: Spiritual Insights from Shaykh Zulfiqar Ahmad**

<https://amzn.to/3UU6mCw>